

2025 LENTEN FOOD DRIVE

Please help make a difference for local families by **donating a bag of non-perishable food items during the 2025 Lenten Food Drive.**

To ensure that area pantries receive what is really needed, please fill a bag with items from the category paired with the first letter of your last name.

Parishes are requested to deliver food to a local food pantry of their choice. To request assistance delivering food, please contact your parish relations coordinator or the Catholic Charities program manager, Evette Howard at evette.howard@cc-dc.org. Food will not be collected unless previous arrangements are made.

Thank you for answering the call to serve those in need! For more information, scan the QR code.



COLLECTION DETAILS

Simply fill a bag with food and bring it to your parish or school by the date below:

Schools: March 31 - April 4

Parishes: April 5 - 6

My Last Name Begins With

Food Items I am Asked to Donate

A-C	Dried Grains and Legumes (rice, dried beans, lentils, corn tortillas, flour, etc.)
D-F	Canned Proteins (tuna, peanut butter, salmon, chicken)
G-I	Pasta Sauces (pasta, spaghetti sauce, macaroni & cheese)
J-L	Soups (beef stew, chili, chicken noodle, turkey, rice)
M-N	Canned Vegetables - Low Sodium (mixed, green beans, corn, tomatoes)
O-Q	Whole Grain Cereals (cheerios, cornflakes, raisin bran, plain oatmeal)
R-S	Canned Fruits (pineapple, peaches, pears, applesauce)
T-V	Snacks (raisins, nuts, cookies, crackers, popcorn)
W-Z	Cooking Oils (vegetable oil, olive oil, canola oil, Smart Balance)